

APPLIED PSYCHOLOGY

PLACEMENT: I SEMESTER

THEORY: 3 Credits (60 Hours)

DESCRIPTION: This course is designed to enable the students to develop understanding about basic concepts of psychology and its application in personal and community life, health, illness and nursing. It further provides students opportunity to recognize the significance and application of soft skills and self-empowerment in the practice of nursing.

COMPETENCIES: On completion of the course, the students will be able to

1. Identify the importance of psychology in individual and professional life.
2. Develop understanding of the biological and psychological basis of human behaviour.
3. Identify the role of nurse in promoting mental health and dealing with altered personality.
4. Perform the role of nurses applicable to the psychology of different age groups.
5. Identify the cognitive and affective needs of clients.
6. Integrate the principles of motivation and emotion in performing the role of nurse in caring for emotionally sick client.
7. Demonstrate basic understanding of psychological assessment and nurse's role.
8. Apply the knowledge of soft skills in workplace and society.
9. Apply the knowledge of self-empowerment in workplace, society and personal life.

COURSE OUTLINE

T – Theory

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
zzxI	2 (T)	Describe scope, branches and significance of psychology in nursing	Introduction <ul style="list-style-type: none"> • Meaning of Psychology <ul style="list-style-type: none"> • Development of psychology – Scope, branches and methods of psychology • Relationship with other subjects • Significance of psychology in nursing • Applied psychology to solve everyday issues 	<ul style="list-style-type: none"> • Lecture cum Discussion 	<ul style="list-style-type: none"> • Essay • Short answer
II	4 (T)	Describe biology of human behaviour	Biological basis of behavior – Introduction <ul style="list-style-type: none"> • Body mind relationship • Genetics and behaviour • Inheritance of behaviour • Brain and behaviour. • Psychology and sensation – sensory process – normal and abnormal 	<ul style="list-style-type: none"> • Lecture • Discussion 	<ul style="list-style-type: none"> • Essay • Short answer
III	5 (T)	Describe mentally healthy person and defense mechanisms	Mental health and mental hygiene <ul style="list-style-type: none"> • Concept of mental health and mental hygiene • Characteristic of mentally healthy person • Warning signs of poor mental health • Promotive and preventive mental health strategies and services • Defense mechanism and its implication • Frustration and conflict – types of conflicts and measurements to 	<ul style="list-style-type: none"> • Lecture • Case discussion • Role play 	<ul style="list-style-type: none"> • Essay • Short answer • Objective type

			<p>overcome</p> <ul style="list-style-type: none"> • Role of nurse in reducing frustration and conflict and enhancing coping • Dealing with ego 		
IV	7 (T)	Describe psychology of people in different age groups and role of nurse	<p>Developmental psychology</p> <ul style="list-style-type: none"> • Physical, psychosocial and cognitive development across life span – Prenatal through early childhood, middle to late childhood through adolescence, early and mid-adulthood, late adulthood, death and dying • Role of nurse in supporting normal growth and development across the life span • Psychological needs of various groups in health and sickness – Infancy, childhood, adolescence, adulthood and older adult • Introduction to child psychology and role of nurse in meeting the psychological needs of 	<ul style="list-style-type: none"> • Lecture • Group • discussion 	<ul style="list-style-type: none"> • Essay • Short answer

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<p>Children</p> <ul style="list-style-type: none"> • Psychology of vulnerable individuals –challenged, women, sick etc. • Role of nurse with vulnerable groups 		
V	4 (T)	Explain personality and role of nurse in identification and improvement in altered personality	<p>Personality</p> <ul style="list-style-type: none"> • Meaning, definition of personality • Classification of personality • Measurement and evaluation of personality – Introduction • Alteration in personality • Role of nurse in identification of individual personality and improvement in altered personality 	<ul style="list-style-type: none"> • Lecture • Discussion • Demonstration 	<ul style="list-style-type: none"> • Essay and short answer • Objective type
VI	16 (T)	Explain cognitive process and their applications	<p>Cognitive process</p> <ul style="list-style-type: none"> • Attention – definition, types, determinants, duration, degree and alteration in attention • Perception – Meaning of Perception, principles, factor affecting perception, • Intelligence – Meaning of intelligence – Effect of heredity and environment in intelligence, classification, Introduction to measurement of intelligence tests – Mental deficiencies • Learning – Definition of learning, types of learning, Factors influencing learning – Learning process, Habit formation • Memory-meaning and nature of memory, factors influencing 	<ul style="list-style-type: none"> • Lecture • Discussion 	<ul style="list-style-type: none"> • Essay and short answer • Objective type

			<p>memory, methods to improve memory, forgetting</p> <ul style="list-style-type: none"> • Thinking – types, level, reasoning and problem solving. • Aptitude – concept, types, individual differences and variability • Psychometric assessment of cognitive processes – Introduction • Alteration in cognitive processes 		
VII	6 (T)	Describe motivation, emotion, attitude and role of nurse in emotionally sick client	<p>Motivation and emotional processes</p> <ul style="list-style-type: none"> • Motivation – meaning, concept, types, theories of motivation, motivation cycle, biological and special motives • Emotions – Meaning of emotions, development of emotions, alteration of emotion, emotions in sickness – handling emotions in self and other • Stress and adaptation – stress, stressor, cycle, effect, adaptation and coping 	<ul style="list-style-type: none"> • Lecture • Group discussion 	<ul style="list-style-type: none"> • Essay and short answer • Objective type

Unit	Time (Hours)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Attitudes – Meaning of attitudes, nature, factor affecting attitude, attitudinal change, Role of attitude in health and sickness • Psychometric assessment of emotions and attitude – Introduction • Role of nurse in caring for emotionally sick client 		
VIII	4 (T)	Explain psychological assessment and tests and role of nurse	Psychological assessment and tests – introduction <ul style="list-style-type: none"> • Types, development, characteristics, principles, uses, interpretation • Role of nurse in psychological assessment 	<ul style="list-style-type: none"> • Lecture • Discussion • Demonstration 	<ul style="list-style-type: none"> • Short answer • Assessment of practice
IX	10 (T)	Explain concept of soft skill and its application in workplace and society	Application of soft skill <ul style="list-style-type: none"> • Concept of soft skill • Types of soft skill – visual, aural and communication skill • The way of communication • Building relationship with client and society • Interpersonal Relationships (IPR): Definition, Types, and Purposes, Interpersonal skills, Barriers, Strategies to overcome barriers • Survival strategies – managing time, coping stress, resilience, work – life balance • Applying soft skill to workplace and society – Presentation skills, social etiquette, telephone etiquette, motivational skills, teamwork etc. 	<ul style="list-style-type: none"> • Lecture • Group discussion • Role play • Refer/Complete Soft skills module 	<ul style="list-style-type: none"> • Essay and short answer

			• Use of soft skill in nursing		
X	2 (T)	Explain self-empowerment	Self-empowerment <ul style="list-style-type: none"> • Dimensions of self-empowerment • Self-empowerment development • Importance of women's empowerment in society • Professional etiquette and personal grooming • Role of nurse in empowering others 	<ul style="list-style-type: none"> • Lecture • Discussion 	<ul style="list-style-type: none"> • Short answer • Objective type

DISTRIBUTION OF TEACHING HOURS

STRATEGY		Teaching hours	
Didactic	Lectures	48	60
	Tutorials	12 (20%)	
Total			60Hrs.

TOPICS & OUTCOMES

Subject	Number of Themes	Number of outcomes
Applied Psychology	10	46

DISTRIBUTION OF THEORY HOURS

S. N	Theme	Topics	Teaching hrs.
1	Introduction	Introduction	1
2	Biological basis of behavior – Introduction	Biological basis of behavior – Introduction	4
3	Mental health and mental hygiene	Mental health and mental hygiene	5
4	Developmental psychology	Developmental psychology	7

5	Personality	Personality	4
6	Cognitive Process	Cognitive Process	16
7	Motivation and Emotions	Motivation and Emotions	6
8	Psychological assessment and tests –introduction	Psychological assessment and tests –introduction	4
9	Application of soft skill	Application of soft skill	10
7	Self-empowerment	Self-empowerment	2
TOTAL			60 Hours

***Number of EQB themes**

**** Number of COs**

Theme and total hours allotted	Topic	Code No	Competency				Must know (60%)	Desirable to know (30%)	Nice to know (10%)	Total Hours	
I 01 (T)	Introduction	PSYC 120:I-SEM1.1	Describe scope, branches and significance of psychology in nursing				scope, branches and significance of psychology in nursing			1 hr	
Competency /Course outcome	Patient center care	Professionalism	Teaching and leadership	System based practice	Health informatics and technology	Communication	Teamwork and collaboration	Safety	Quality improvement	Evidence based practice	Lifelong learner
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11
PSYC 120:I-SEM1.1 Describe scope, branches and significance of psychology in nursing	3	3	2	2	2	2	1	1	1	1	1
II 04(T)	Biological basis of behavior – Introduction	PSYCH120:I-SEM 2.1	Describe Biology of behavior- characteristics of Biology of behavior.				<ul style="list-style-type: none"> Biology of behavior- characteristics of Biology of behavior. 				1hr
		PSYCH 120:I-SEM2.2	Explain Body mind relationship & characteristics. Write				<ul style="list-style-type: none"> Body mind relationship, characteristics. 				1 hr

			about Inheritance of behaviour.			• Inheritance of behaviour					
		PSYCH120:I-SEM2.3	Describe the relationship between brain and behavior.					Brain and behavior			1hr
		PSYCH120:I-SEM2.4	Describe the relationship between genetics and behavior							Genetics and behaviour	1hr
Competency /Course outcome PSYCH120:I-SEM 2.1 Describe Biology of behavior-characteristics of Biology of behavior.	Patient center care	Profession alism	Teaching and leadership	System based practice	Health informatic s and technolog y	Communi cation	Teamwor k and collaborat ion	Safety	Quality improvem ent	Evidence based practice	Lifelong learner
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11
	1	2	1	1	2	1	2	1	2	1	1
PSYCH120:I-SEM 2.2 Explain Body mind relationship & characterstics. Write about Inheritance of behaviour.	1	2	1	2	1	1	1	2	1	1	3
PSYCH120:I-SEM 2.3 Describe the	2	1	1	1	1	2	2	1	1	2	1

relationship between brain and behavior.											
PSYCH120:I-SEM 2.4 Describe the relationship between genetics and behavior	2	1	1	2	1	2	1	1	2	1	1
III 5 hrs	Mental health and mental hygiene	PSYCH 120:I-SEM 3.1	<ul style="list-style-type: none"> Describe Concept of mental health and mental hygiene. Characteristic of mentally healthy person. 	<ul style="list-style-type: none"> Concept of mental health and mental hygiene Characteristic of mentally healthy person 	1					1hrs	
		PSYCH 120:I-SEM 3.2	<ul style="list-style-type: none"> Explain warning signs of poor mental health. 	Warning signs of poor mental health					1hr		
		PSYCH 120:I-SEM 3.3	Explain role of nurse in reducing frustration and conflict and enhancing coping	Role of nurse in reducing frustration and conflict and enhancing coping					1hr		
		PSYCH 120:I-SEM 3.4	Explain Defense mechanism and its implication.		Defense mechanism and its implication				1hr		

		PSYCH 120:I-SEM 3.5	Explain Promotive and preventive mental health strategies and services							Promotive and preventive mental health strategies and services	1hr
Competency /Course outcome	Patient center care	Professionalism	Teaching and leadership	System based practice	Health informatics and technology	Communication	Teamwork and collaboration	Safety	Quality improvement	Evidence based practice	Lifelong learner
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11
<ul style="list-style-type: none"> • PSYCH 120:I-SEM 3.1 Describe Concept of mental health and mental hygiene. Characteristic of mentally healthy person. 	1	2	1	3	1	3	1	2	1	1	2

• PSYCH 120:I-SEM 3.2 Explain warning signs of poor mental health.	1	1	1	1	1	1	1	1	1	1	1
PSYCH 120:I-SEM 3.3 Explain role of nurse in reducing frustration and conflict and enhancing coping	2	2	2	2	1	2	1	1	1	1	1
PSYCH 120:I-SEM 3.4 Explain defence mechanism.	1	1	1	1	2	1	1	1	1	1	2
PSYCH 120:I-SEM 3.5 Explain Promotive and preventive mental health strategies and services	1	1	2	2	2	1	2	1	1	2	3
IV 7 hrs	Develop mental psychology	PSYCH 120:I-SEM 4.1	Describe Physical, psychosocial and cognitive development across life span – Prenatal through early childhood, middle to late childhood.	• Physical, psychosocial and cognitive development across life span – Prenatal through early childhood, middle							1hr s

				to late childhood			
		PSYCH 120:I-SEM 4.2	Describe development through adolescence, early and mid-adulthood, late adulthood, death and dying.	Development through adolescence, early and mid-adulthood, late adulthood, death and dying			1hr
		PSYCH 120:I-SEM 4.3	Explain Role of nurse in supporting normal growth and development across the life span	<ul style="list-style-type: none"> • Role of nurse in supporting normal growth and development across the life span 			1hr
		PSYCH 120:I-SEM 4.4	Describe Psychological needs of various groups in health and sickness – Infancy, childhood, adolescence, adulthood and older adult.	<ul style="list-style-type: none"> • Psychological needs of various groups in health and sickness – Infancy, childhood, adolescence, adulthood and older adult 			1hr
		PSYCH 120:I-SEM 4.5	Explain child psychology and role of nurse in meeting the psychological needs of children.		<ul style="list-style-type: none"> • Introduction to child psychology and role of nurse in meeting the psychological needs of children 		1hr

		PSYCH 120:I-SEM 4.6	Explain psychology of vulnerable individuals – challenged, women, sick etc.							• Psychology of vulnerable individuals – challenged, women, sick etc.		
		PSYCH 120:I-SEM 4.7	Describe the role of nurse with vulnerable groups							• Role of nurse with vulnerable groups		1hr
Competency /Course outcome	Patient center care	Professionalism	Teaching and leadership	System based practice	Health informatics and technology	Communication	Teamwork and collaboration	Safety	Quality improvement	Evidence based practice	Lifelong learner	
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	
PSYCH 120:I-SEM 4.1 Describe Physical, psychosocial and cognitive development across life span – Prenatal through early childhood, middle to late childhood.	3	2	3	1	3	2	1	1	2	3	3	
PSYCH 120:I-SEM 4.2 Describe development	3	3	3	1	3	2	1	1	3	1	3	

through adolescence, early and mid-adulthood, late adulthood, death and dying.											
PSYCH 120:I-SEM 4.3 Explain Role of nurse in supporting normal growth and development across the life span	3	3	2	2	1	1	3	3	3	3	3
PSYCH 120:I-SEM 4.4 Describe Psychological needs of various groups in health and sickness – Infancy, childhood, adolescence, adulthood and older adult.	3	2	2	2	3	2	1	1	2	2	3
PSYCH 120:I-SEM 4.5 Explain child psychology and role of nurse in	3	2	3	2	1	2	1	2	3	3	3

meeting the psychological needs of children.											
PSYCH 120:I-SEM 4.6 Explain psychology of vulnerable individuals – challenged, women, sick etc.	3	2	3	2	1	1	2	1	1	2	3
PSYCH 120:I-SEM 4.7 Describe the role of nurse with vulnerable groups	3	3	3	2	1	2	3	3	3	3	3
V 4 hrs	Personality	PSYCH 120:I-SEM 5.1	Explain definition and classification of personality.	<ul style="list-style-type: none"> • Meaning, definition of personality • Classification of personality 							1hr
		PSYCH 120:I-SEM 5.2	Describe the role of nurse in identification of individual personality and improvement in altered personality.	<ul style="list-style-type: none"> • Role of nurse in identification of individual personality and improvement in altered personality 							1hr

		PSYCH 120:I-SEM 5.3	Explain the Measurement and evaluation of personality.						• Measurement and evaluation of personality – Introduction		1hr
		PSYCH 120:I-SEM 5.4	Explain Alteration in personality							• Alteration in personality	1hr
Competency /Course outcome	Patient center care	Professionalism	Teaching and leadership	System based practice	Health informatics and technology	Communication	Teamwork and collaboration	Safety	Quality improvement	Evidence based practice	Lifelong learner
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11
PSYCH 120:I-SEM 5.1 Explain definition and classification of personality.	1	1	01	1	1	1	1	1	1	1	3
PSYCH 120:I-SEM 5.2 Describe the role of nurse in identification of individual personality and improvement in altered personality.	2	1	1	1	1	1	1	1	1	1	1
PSYCH 120:I-SEM 5.3 Explain the Measurement and evaluation of personality	2	2	2	3	3	3	2	2	1	2	3

PSYCH 120:I- SEM 5.4 Explain Alteration in personality	2	1	2	1	1	3	2	3	2	3	2
VI 16hrs	Cognitiv e Process	PSYCH 120:I- SEM 6.1	• Describe Attention and its definition, types, determinants.	• Attention and its definition, types, determinants.							1hr
		PSYCH 120:I- SEM 6.2	• Elaborate Perception and its principles.	• Perception – Meaning of Perception, principles							1hr
		PSYCH 120:I- SEM 6.3	Explain the Meaning of intelligence and Effect of heredity and environment in intelligence	Meaning of intelligence – Effect of heredity and environment in intelligence							1hr
		PSYCH 120:I- SEM 6.4	Explain the definition of learning, types of learning,	Definition of learning, types of learning.							1hr
		PSYCH 120:I- SEM 6.5	Explain meaning and nature of memory	meaning and nature of memory.							1hr
		PSYCH 120:I- SEM 6.6	Explain duration, degree and alteration in attention.	Duration, degree and alteration in attention							1hr
		PSYCH 120:I- SEM 6.7	Describe alteration in cognitive processes	Alteration in cognitive processes							1hr
		PSYCH120:I- SEM 6.8	Expand , factors influencing memory.	Factors influencing memory.							1hr
		PSYCH 120:I- SEM 6.9	Explain factors influencing learning.	Factors influencing learning							1hr

	PSYCH 120:I-SEM 6.10	Explain the methods to improve memory.		methods to improve memory, forgetting		1hr
	PSYCH 120:I-SEM 6.11	Describe the types, level, reasoning and problem solving.		types, level, reasoning and problem solving.		1hr
	PSYCH 120:I-SEM 6.12	Explain the concepts and types of aptitude.		the concepts and types of aptitude.		1hr
	PSYCH 120:I-SEM 6.13	Explain the differences and variability.		• differences and variability		1hr
	PSYCH 120:I-SEM 6.14	Explain learning habit formation.		• Learning-Habit formation		1hr
	PSYCH 120:I-SEM 6.15	Describe psychometric assessment of cognitive processes.			• classification, Introduction to measurement of intelligence tests –	2hrs

										Mental deficiencies • Learning-Habit formation	
Competency /Course outcome	Patient center care	Professionalism	Teaching and leadership	System based practice	Health informatics and technology	Communication	Teamwork and collaboration	Safety	Quality improvement	Evidence based practice	Lifelong learner
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11
<ul style="list-style-type: none"> • PSYCH 120:I-SEM 6.1 Describe Attention and its definition, types, determinants. 	3	2	3	1	2	1	2	1	3	2	3
<ul style="list-style-type: none"> • PSYCH 120:I-SEM 6.2 Elaborate Perception and its principles. 	3	2	3	1	3	2	2	1	3	2	2
PSYCH 120:I-SEM 6.3 Explain the Meaning of intelligence and Effect of heredity and environment in	2	2	2	2	2	1	1	3	2	2	3

120:I-SEM 6.15 Describe psychometric assessment of cognitive processes.											
VII 6 hrs	Motivatio n and Emotions	PSYCH 120:I SEM 7.1	Describe the meaning, concept, types, theories of motivation,. Write about motivation cycle, biological and special motives.	meaning, concept, types, theories of motivation, motivation cycle, biological and special motives							1hr
		PSYCH 120:I SEM 7.2	Explain the meaning of emotions, development of emotions, alteration of emotion.	Meaning of emotions, development of emotions, alteration of emotion							1hr
		PSYCH 120:I SEM 7.3	Explain stress, stressor, and its effecton adaptation and coping.	Stress and adaptation – stress, stressor, cycle, effect, adaptation and coping							1hr
		PSYCH 120:I SEM 7.4	Describe the role of nurse in caring for emotionally sick client.	role of nurse in caring for emotionally sick client.							1hr

emotions, alteration of emotion.											
PSYCH 120:I SEM 7.3 Explain stress, stressor, and its effecton adaptation and coping.	2	2	2	3	3	3	2	2	1	2	3
PSYCH 120:I SEM 7.4 Describe the role of nurse in caring for emotionally sick client.	3	2	2	2	3	2	1	1	2	2	3
PSYCH 120:I SEM 7.5 Describe the meaning of emotions, development of emotions, alteration of emotions.	2	1	1	1	1	1	1	1	1	1	1
PSYCH 120:I SEM 7.6 Explain handling emotions in	2	2	2	3	3	3	2	2	1	2	3

self and other												
VIII 4 hrs	Psychological assessment and tests – introduction	PSYCH 120:I- SEM 8.1	Explain the types and characteristics of Psychological assessment	• Types, development, characteristics.								1hr
		PSYCH 120:I- SEM 8.2	Describe the principles and uses of psychological tests.	principles, uses.								1hr
		PSYCH 120:I- SEM 8.3	Explain the uses and interpretation of psychological tests.	uses, interpretation								1hr
		PSYCH 120:I- SEM 8.4	Describe the role of nurse in psychological assessment.		Role of nurse in psychological assessment							1hr
Competency	Patient	Profession	Teaching	System	Health	Communi	Teamwor	Safety	Quality	Evidence	Lifelong	

/Course outcome	center care	alism	and leadership	based practice	informatics and technology	cation	k and collaboration		improvement	based practice	learner
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11
PSYCH 120:I-SEM 8.1 Explain the types and characteristics of Psychological assessment	1	1	1	1	1	1	1	1	1	1	1
PSYCH 120:I-SEM 8.2 Describe the principles and uses of psychological tests.	1	1	1	1	1	1	1	1	1	1	1
PSYCH 120:I-SEM 8.3 Explain the uses and interpretation of psychological tests.	1	1	1	1	1	1	1	1	1	1	1

PSYCH 120:I-SEM 8.4 Describe the role of nurse in psychological assessment.	1	1	1	1	1	1	1	1	1	1	1
IX 10 hrs	Application of soft skill	PSYCH 120:I- SEM 9.1	Explain the concept of soft skill	Concept of soft skill							1hr
		PSYCH 120:I- SEM 9.2	Describe the ypes of soft skill – visual, aural and communication skill.	Types of soft skill – visual, aural and communication skill							1hr
		PSYCH 120:I- SEM 9.3	Explain the way of communication.	The way of communication							1hr
		PSYCH 120:I- SEM 9.4	Explain the definition, Types, and Purposes of interpersonal skills.	Definition, Types, and Purposes, Interpersonal skills							1hr
		PSYCH 120:I- SEM 9.5	Describe the barriers and strategies to overcome	Barriers, Strategies to overcome barriers.							1hr

			barriers.								
		PSYCH 120:I- SEM 9.6	Explain the use of soft skill in nursing.	Use of soft skill in nursing							1hr
		PSYCH 120:I- SEM 9.7	Explain how to build relationship with client and society.					Building relationship with client and society			1hr
		PSYCH 120:I- SEM 9.8	Explain application of soft skill to workplace and society.					Applying soft skill to workplace and society			1hr
		PSYCH 120:I- SEM 9.9	Describe social etiquette, telephone etiquette, motivational skills, teamwork etc.					social etiquette, telephone etiquette, motivational skills, teamwork etc			1hr
		PSYCH 120:I- SEM 9.10	Elaborate survival strategies						Survival strategies		1hr
Competency /Course outcome	Patient center care	Professionalism	Teaching and leadership	System based practice	Health informatics and	Communication	Teamwork and collaborati	Safety	Quality improvement	Evidence based practice	Lifelong learner

					technolog y		on				
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11
PSYCH 120:I- SEM 9.1 the concept of soft skill	1	2	2	2	3	3	2	2	2	2	2
PSYCH 120:I- SEM 9.2 Describe the ypes of soft skill – visual, aural and communica tion skill.	2	2	2	2	2	3	3	2	2	2	2
PSYCH 120:I- SEM 9.3 Explain the way of communication.	2	2	2	3	2	3	3	2	2	2	3
PSYCH 120:I- SEM 9.4 Explain the definition, Types, and Purposes of interpersonal skills.	2	3	2	2	2	3	3	2	3	2	2
PSYCH 120:I- SEM 9.5 Describe the barriers and	3	2	2	3	2	3	3	2	2	3	2

strategies to overcome barriers.											
PSYCH 120:I- SEM 9.6 Explain the use of soft skill in nursing.	2	2	2	2	2	3	3	2	2	2	2
PSYCH 120:I- SEM 9.7 Explain how to build relationships.	2	2	2	2	2	3	3	2	2	2	2
PSYCH 120:I- SEM 9.8 Explain application of soft skill to workplace and society.	2	2	2	2	2	3	3	2	2	2	2
PSYCH 120:I- SEM 9.9 Describe social etiquette, telephone etiquette, motivational skills, teamwork etc.	2	1	2	1	2	3	3	2	1	2	1
PSYCH 120:I- SEM 9.10 Elaborate survival strategies	2	1	2	1	2	3	3	2	1	2	1

X 2 hrs		PSYCH 120:I- SEM 10.1	Expand the importance of women's empowerment in society.	<ul style="list-style-type: none"> • Dimensions of self-empowerment • Self-empowerment development • Role of nurse in empowering others • Professional etiquette and personalgrooming • Importance of women's empowerment in society 						2hr s	
Competency /Course outcome	Patient center care	Profession alism	Teaching and leadership	System based practice	Health informatic s and technolog y	Communi cation	Teamwor k and collaborati on	Safety	Quality improvem ent	Evidence based practice	Lifelong learner
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11
PSYCH 120:I- SEM 10.1 Expand the importance of women's empowerment in society.	3	3	3	3	3	3	3	3	3	3	3

TEACHING STRATEGY:

Total Theory Hours: 60

Theory**Continuous Assessment: 10Marks**

Sr. No	Assignments	Percentage of Attendance	Allotted marks	Total Marks for attendance
1	Attendance	95-100%	2	2 marks
		90-94%	1.5	
		85-89%	1	
		80-84%	0.5	
		<80%	0	
		Number assignments	Marks	Total Marks
2	Written Assignments	2	2X5	10
3	Panel Discussion ,Role Play / Visit Report	2	2x6	12
4	Group work/Work/Report	1	1x6	06
Total				30/3=10Marks

Note: If there is mandatory module in that semester, marks obtained by student out of 10 can be added to 30 totaling 40 marks

Total=40/4=10marks

Modified Tutorials (12 Hours)

Sr. No	Comp. no	TOPIC	Domain	T-L Method	Teaching Hrs
1.	PSYCH120:I-SEM2.3	Brain and behavior	K,S	Tutorials	1 Hour
2.	PSYCH 120:I-SEM 3.1	Concept of mental health and mental hygiene	K,S	Tutorials	1 Hour
3.	PSYCH 120:I-SEM 4.3	Role of nurse in supporting normal growth and development across the life span	K,S	Tutorials	1 Hour
4.	PSYCH 120:I-SEM	Classification of		Tutorials	1 Hour

	5.1	personality	K,S		
5.	PSYCH 120:I-SEM 6.9	Factors influencing learning	K,S	Tutorials	1 Hour
6.	PSYCH 120:I-SEM 6.12	the concepts and types of aptitude.	K,S	Tutorials	1 Hour
7.	PSYCH 120:I-SEM 6.14	Learning-Habit formation	K,S	Tutorials	1 Hour
8.	PSYCH 120:I- SEM 9.1	Concept of soft skill	K,S	Tutorials	1 Hour
9.	PSYCH 120:I-SEM 8.1	Types, development, characteristics	K,S	Tutorials	1 Hour
10.	PSYCH 120:I- SEM 9.2	Types of soft skill – visual, aural and communication skill	K,S	Tutorials	1 Hour
11.	PSYCH 120:I- SEM 9.9	social etiquette, telephone etiquette , motivational skills, teamwork etc	K,S	Tutorials	1 Hour
12.	PSYCH 120:I- SEM 10.1	Dimensions of self- empowerment	K,S	Tutorials	1 Hour
TOTAL					12 Hours

Formative Assessment

1. Sessional Examinations: Theory: I

Sr. No.	Question paper – Theory	Total
Maximum marks	30	30

2. Sessional Examinations: Theory: II

Sr. No.		Total
Maximum marks	30	30

Note: Sessional II exam will be replication of university exam and it will converted into 30 marks

Type of questions	Number of questions	Marks allotted
MCQ	4×1=4	4 Marks
Essay/situation type	1×10=10	10 Marks
Short	2×5=10	10 Marks
Very short	3×2=6	06Marks
	Total	30 marks

c. Calculation of Internal Assessment (IA): Theory

- Total marks of two sessional examinations along with continuous assessment $30\text{marks} \times 2 = 60 / 4 = 15$
- $10 + 15 = 25$ Marks
- Minimum required - 50 %

- **3. Summative Assessment**

- a. Theory:

Type of questions	Number of questions	Marks allotted
MCQ	7×1	7 Marks
Essay/situation type	1×10	10 Marks
Short	3×5	15 Marks
Very short	3×2	06 Marks
	Total	38 Marks

RECOMMENDED TEXT BOOKS:

- Bhatia & Craig M, "Elements of Psychology and Mental Hygiene for Nurses".
- Dodge Fernald and Peter S Fernald, "Introduction to Psychology".
- Jacob Anthikad, "Psychology for graduate nurses".
- Morgan C.T & King, "Introduction to psychology".
- Second course in Psychology, Higher secondary standard.
- Hurlock E, "Developmental psychology